Coppice Primary School and Nursery

Reception: Drug Education

Subject Specific Vocabulary	
Rule	An instruction we are expected to follow
Right	A morally good decision
Wrong	An immoral decision.
Medicine	A drug used to treat or prevent illness.
Sleep	When you are tired, your eyes close and your body relaxes.
Worried	Being anxious or troubled about problems.

Curriculum overview:

This unit focuses on the core theme 'health and well-being'

The children will think about themselves and see themselves as a valuable individual. They will learn about the factors that contribute to their overall health and well-being. They will explore the reasons why we have rules and understand the concept of right and wrong. They will talk about their behaviour, how they follow rules and how they know they are doing the right thing.

Sticky Knowledge

I can explain the reasons for rules

I know right from wrong

I try to behave accordingly

I can explain rules

I can follow rules without being reminded

How you can support your child at home

Book: Zog and the Flying Doctors by Julia Donaldson
https://www.youtube.com/watch?v=UQc1b-vS9-I
Questions: Who feels poorly? What did they make to make the King feel better? Is the only way to make someone feel better medicine? What else could you do? When should we take medicine?

Book: Peppa Goes to the Hospital by Peppa Pig
https://www.youtube.com/watch?v=_WQe2erarPU
Questions: Do we always go to the hospital? When should we go to the hospital? When should we go to the doctors?

Book: Six Dinner Sid by Inga Moore
https://www.youtube.com/watch?v=JauYJuJ5X7M
Should we have six dinners? What will happen if we eat too much food? What is a healthy diet? Can we make a meal plan and shopping list for the week?

Book: Goldilocks and the Three Bears
https://www.youtube.com/watch?v=Rm3JsewQIWw

Nursery Rhymes linking to this theme

- Miss Polly Had a Dolly https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-miss-molly-had-a-dolly/zbjcy9q
- Humpty Dumpty https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-humpty-dumpty-sat-on-the-wall/zhn7kmn
- Jack and Jill https://www.bbc.co.uk/teach/school-radio/eyfs-nursery-rhymes-songs-jack-and-jill/z4t3sk7
- Handwashing song https://www.youtube.com/watch?v=aGJNspLRdrc

Other activities to try at home:

- Create a doctors roleplay. Discuss when you might visit a doctor, when you might need medicine and medicine safety.
- Play musical statues. Discuss how exercise makes you feel.
- Visit the beach and explore beach safety e.g. sun cream, water and stranger danger.
- Visit the opticians. Why do we need to look after our eye sight?
- Discuss 999 and make a family plan. When might we need to ring 999? When wouldn't we call 999?